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## Home Alone Safety Tips

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*When you are at home alone, keep in mind the following tips:*

1. Keep all emergency phone numbers by the telephone such as the number of a safe neighbour or an adult whom you know will be at home.
2. Make sure you have the telephone numbers where your parents/guardians can be reached.
3. Keep doors and windows locked. Only open the door for people you are expecting to come over.
4. Do not discuss in public that you will be home alone.



911



5. Keep information about being home alone offline.
6. When answering the phone, always pretend a parent/guardian is home. For example, "My mom is busy right now, may I take a message?"
7. If there is anything you are not sure about, call your parents/guardians.
8. Keep phone conversations with your friends short, so the phone line is not busy, in case someone needs to contact you.
9. Avoid watching or reading scary material that may trigger your imagination and make you feel scared.

